

# Time and Hand Exercises

Billy Woods

R 1 2 3 4 1 2 3 4 1 & 2 & 3 & 4 & 1 e & a 2 e & a 3 e & a 4 e & a

LH  
RH  
RH

LH Ka  
RH Tek  
RH Dum

1 e & a 2 e & a 3 & 4 & 1 & 2 & 3 4 1 2 3 4 1 2 3 & 4 & 1 e & a 2 3 e & a 4

1 & 2 e & a 3 & 4 e & a 1 2 e & a 3 e & a 4 e & a 1 2 3 & 4 & 1 & 2 3 & 4

1 e & 2 e & 3 e & 4 e & 1 & 2 3 e & 4 e & 1 & a 2 e & 3 e & a 4 1 e & a 2 & a 3 e & 4 e & a

1 e & 3 e & 4 & a 1 e & a 2 & 3 e & a 4 & 1 e & a 2 e & a 3 e & a 4 1 & a 2 e & 3 & a 4 e &

drills: play at tempo from slow to fast

LH Ka  
RH Tek  
RH Dum

The sounds of the dumbek are dum, ka and tek. Play the dum with right or dominate hand. Play the tek with the right or dominate hand. play ka with the left or sub dominate hand. The exercises on this page are written in 4/4.